

Our Ref: JP/SBi/JAS

19th September 2025



Wednesfield Academy
www.wednesfieldacademy.co.uk

Dear Parent/Carer

The Department for Education requires all schools to deliver the statutory guidance for Relationships, Sex and Health Education (RSHE) and that schools communicate with parents the topics that will be delivered. You can read the full guidance here: [Relationships and Sex Education \(RSE\) and Health Education - GOV.UK](#).

At Wednesfield Academy, RSHE is an important part of our wider Personal Development curriculum, which also includes areas such as Religious Education (RE) and Careers education. This curriculum is delivered across all key stages through assemblies, form-time activities, and PSHE lessons.

For detailed information about our RSHE Policy and a year-by-year overview of what students will cover, please visit our website: [Policies - Wednesfield Academy](#). You may also find the Government's Parent Guide helpful, which can be accessed [here](#).

We also enrich our curriculum by welcoming visitors and guest speakers. If you have any questions, feedback, or concerns about our RSHE or PSHE programmes, please contact us at postbox@wednesfieldacademy.co.uk. You can explore more about our Personal Development initiatives by visiting: [Personal Development - Wednesfield Academy](#).

We aim to ensure our curriculum not only covers all statutory topics but is also responsive to the needs of our pupils, keeping it relevant and up to date.

Alongside this letter, you will find:

- **Parental Guide** - designed to help you support conversations at home about topics covered this half term (updated regularly throughout the year).
- **Full overview of the PSHE curriculum.**

If you would like any further information about PSHE, please do not hesitate to get in touch with us by calling Mrs Howells (Assistant Headteacher) on 01902-558222, or by emailing postbox@wednesfieldacademy.co.uk.

Thank you for your continued support.

Yours faithfully

Mr J Phillips
Headteacher



Wednesfield Academy
Lichfield Road
Wednesfield
Wolverhampton
West Midlands
WV11 3ES



Matrix
Academy Trust
EDUCATION WITHOUT EXCEPTION

01902 558222



Wednesfield Academy



wednesfield.academy





Personal Development Curriculum Overview

	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	My Tomorrow My Tomorrow Identity and Emotions At What Cost? My Community Collage Creation Hopes and Desires Conversation Spaces	Rights, Responsibilities and British Values Law, Crime and Society Building a Community Making Decisions Criminals, Law and Society How are Laws Made? Prison, Reform and Punishment	Rights, Responsibilities and British Values Conspiracy Theories and Extremist Narratives Forms of Extremism What is Terrorism War and Conflict The Radicalisation Process How Does Counter Terrorism Work Antisemitism	Rights, Responsibilities and British Values Critical Thinking and Fake News Hate Crime in the UK British Values and Identity Mutual Respect and Tolerance Individual Liberty What are Human Rights? Democracy Explored	Health and Wellbeing Organ and Blood Donation Teenage Pregnancy Choices Abortion Laws, Morals and Ethics Parenthood for Teenagers Testicular and Prostate Cancer Breast Cancer, Cervical Cancer and Screening Love and Abuse
Autumn 2	Rights, Responsibilities and British Values Why is Politics Important? How is our Country Governed? The Role of the Prime Minister The Monarchy and King Charles III Political Debates and Parliament Creating a Political Policy	Celebrating Diversity and Equality Equality Act 2010 LGBTQ+ What is it? LGBTQ+ Rights Across the World Gender Equality Ableism and Disability Discrimination Removing the Barriers Equality for all Racism and Discrimination in Society	Relationships and Sex Education Sexual Consent and the Law FGM and the Law Relationships and Partners Domestic Abuse and Domestic Violence Why have Sex? Delaying Sexual Activity Sexual Harassment and Stalking	Celebrating Diversity and Equality International Organisations Peace, War and Conflict Human Rights During War Aid and Supporting Other Countries Striking and Trade Unions Women's Rights and Equality Fair Trade and Free Trade	Life Beyond School Screen Addiction and Studying Post 16 Options Exam Stress and Anxiety Social Media vs Real Life CV Writing Writing a Personal Statement

Spring 1	Celebrating Diversity and Equality What is your Identity? Multicultural Britain Importance of Being Kind Breaking Down Stereotypes Learning Disabilities Prejudice and Discrimination Challenging Islamophobia	Relationships and Sex Education Relationships and Sex Education Being Yourself and Self Love Healthy Respectful Relationships What is Love? Dealing with Conflict Periods and Menstrual Cycle Introduction to Contraception Sexual Orientation	Relationships and Sex Education What are STIs Treating STIs and the Clinic Contraception Explored Contraception- Condoms Contraception Explored Further HIV and AIDS HIV and AIDS Prejudice and Discrimination	Relationships and Sex Education Pleasure and Delaying Sexual Activity Campaigning Against FGM Sexting and Nudes Online Pornography (Myths vs Reality) Porn and its Impact on Society Unhealthy Relationships, Sexual Assault and Rape Sexualisation of the Media	Relationships and Sex Education Peer on Peer Abuse Fertility and What Impacts it Alcohol, Parties and Bad Choices Importance of Sexual Health Revisiting STIs Revisiting Contraception Respect, Love and Relationships
Spring 2	Relationships and Sex Education Consent and Boundaries Respect and Relationships What Makes a Good Friend? Being Positive Pressure, Influence and Friends What does it Mean to be a Man Today?	Staying Safe Online and Offline County Lines- What is it? County Lines- Who is at Risk? Substance Misuse Cyberbullying Online Grooming Alcohol Safety Child Exploitation and Online Protection	Staying safe Online and Offline What is a Drug? Different Type of Addictions Cannabis Products Drugs Classifications Party Drugs and Illegal Drugs The War on Drugs Volatile Substance Abuse	Staying Safe Online and Offline Honour Based Violence Forced Marriage and Breast Ironing Online Gambling and Gambling Social Media Validation Modern Day Slavery Keeping Your Data Safe Causes of Knife Crime	Staying Safe Online and Offline Virtual Reality and Live Streaming Online Reputation and Digital Footprints Group Chats and Anti-Bullying Cosmetic and Aesthetic Procedures New Psychoactive Substances Festivals and Nitrous Oxide Substance Addiction

					Exam Preparation Time
Summer 1	Staying safe online and offline Avoiding Gangs and Criminal Behaviour Staying Safe Online Online, Gaming, Grooming and Addiction Alcohol and Risk Nicotine and Smoking E-Cigs, Vaping and Shisha Energy Drinks and Caffeine Knife Crime and Safety	Health and Wellbeing Health and Wellbeing What is Mental Health? Positive Body Image Child Abuse Types of Bullying Healthy Eating and Cholesterol Stress Management	Health and Wellbeing How Self-Esteem Changes Bullying in all its forms Dealing with Grief and Loss Media and Airbrushing Cancer Prevention and Healthy Lifestyles	Health and Wellbeing Child Sexual Abuse Screen Time Mental Health Illness Self-Harm Suicide (Thoughts and Feelings) Promoting Emotional Wellbeing	
Summer 2	Health and Wellbeing Introduction to Puberty Girls Puberty and Periods Boys Puberty Personal Hygiene Growing Up Self-Esteem Tooth Decay and Dental Health	Life Beyond School Employability and Enterprise Skills Proud to be me Careers and Aspirations Self Esteem and the Media The importance of Happiness What Makes me Angry Exploring Careers	Life Beyond School From Failure to Success Assertiveness First Aid Saving and Managing Your Money Labour Market Information Finance, Budgeting and Employment Social Media and Online Stress	Life Beyond School Instagram and Tik Tok Generation Targeted Advertising and Your Data What is Marriage? Rights and Responsibilities Consumer Rights Employment Rights Exploring a Pay Cheque Mock Preparation time	

--	--	--	--	--	--

PERSONAL DEVELOPMENT

AT WEDNESFIELD
ACADEMY

Half term 1: 2nd September – 24th October

Further support and signposting can be found on the “Personal Development” section on our website: [Personal Development - Wednesfield Academy](#)

Our Personal Development curriculum is designed to provide pupils with the knowledge, skills and opportunities within the following areas:

Personal, Social, Health and Economic
education (PSHE)

Relationships and Sex Education (RSE)

Citizenship

Religious Studies

Social, Moral, Spiritual and Cultural (SMSC)

Modern British Values

Careers

Our curriculum follows the requirements of relationships, sex and health education as stipulated by the Department of Education. A link to the guidance for parents and carers can be found [HERE](#)

Year 7	Year 8	Year 9	Year 10	Year 12
My Tomorrow My Tomorrow Identity and Emotions At What Cost? My community Collage Creation Hopes and Desires Conversation Spaces	Rights, Responsibilities and British Values Law, Crime and Society Building a community Making Decisions Criminals, Law and Society How are Laws Made? Prison, Reform and Punishment	Rights, Responsibilities and British Values Conspiracy Theories and Extremist Narratives Forms of Extremism What is Terrorism War and Conflict The Radicalisation Process How Does Counter Terrorism Work Antisemitism	Rights, Responsibilities and British Values Critical Thinking and Fake News Hate Crime in the UK British Values and Identity Mutual Respect and Tolerance Individual Liberty What are Human Rights? Democracy Explored	Health and Wellbeing Organ and Blood Donation Teenage Pregnancy Choices Abortion Laws, Morals and Ethics Parenthood for Teenagers Revision techniques in preparation for mock exams

If you would like more information about the topics we are discussing in our personal development curriculum this half-term, here are some websites that may help:

[Equality Act 2010](#)

[Stonewall](#)

[BBC Bitesize | KS3 RS](#)

[ABC Magazine](#)

[BBC Bitesize | GCSE RS](#)

[Wolverhampton Council](#)