Our Ref JP/SHO/RMO

5th December 2024



Dear Parent/Carer

Year 8 RSHE Workshop on Condom Use and Safe Sexual Practices

As part of our statutory Relationships, Sex, and Health Education (RSHE) curriculum, we are committed to ensuring that pupils receive accurate and age-appropriate information to support their health and wellbeing. To this end, we are informing you that your child will be participating in an educational workshop facilitated by our school nurse.

This session will provide pupils with essential knowledge about:

- The correct use of condoms as a method of contraception and protection against sexually transmitted infections (STIs).
- The importance of safe sexual practices and making informed decisions regarding sexual health.
- Respect, consent, and communication in relationships.

The sessions will take place over two days, Monday 16th December 2024 and Wednesday 18th December 2024.

During the session, the school nurse will demonstrate the correct use of a condom using a model. This is a vital part of educating pupils on how to protect themselves and others, should they choose to become sexually active in the future. The demonstration will be conducted in a respectful, professional, and age-appropriate manner in line with national RSHE guidelines.

Research shows that educating young people about safe sexual practices:

- Reduces the risk of unplanned pregnancies and STIs.
- Promotes healthy and respectful relationships.
- Empowers pupils to make informed, responsible decisions about their sexual health.

We appreciate that parents/carers may have questions or wish to discuss the content further. If you would like more information about the workshop or the RSHE curriculum, please contact Mrs Howells (Assistant Headteacher) using our email postbox@wednesfieldacademy.co.uk.

For detailed information regarding our RSHE policy and overview of the provision for each year group, please visit our website Policies-Wednesfield Academy. This content is essential and plays a significant role in our school's provision. Parent guidance can also be accessed here:
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/90
7640/RSE_secondary_schools_guide_for_parents.pdf.





If you wish to withdraw your child from this specific session, please contact us by Friday 13th December 2024. However, we encourage full participation to ensure pupils are equipped with the knowledge they need to stay safe and healthy.

Thank you for your support in helping us provide a well-rounded and essential education for your child.

Yours faithfully

Mr Phillips <u>Headteacher</u>



