

Our Ref JP/SHO/RMO

10th October 2024



Wednesfield Academy
www.wednesfieldacademy.co.uk

Dear Parent/Carer

Joel Foster Session

As part of our ongoing commitment to supporting the personal development of our pupils, we have arranged for singer Joel Foster to present a special session focused on mental wellbeing and self-esteem.

Joel Foster is a media composer, songwriter and performer based in Blackpool and Liverpool. Having graduated from the University of Liverpool in 2023, Joel is continuing to work towards an MA in music and audio-visual media, while touring schools to promote wellbeing in young pupils.

The session will cover a range of topics aimed at providing pupils with valuable insights and practical strategies to promote mental wellness and enhance self-esteem. Joel will also discuss various aspects, such as understanding the importance of mental health, identifying signs of stress or anxiety, effective communication strategies, and practical tips for building self-esteem.

If you have any questions or require further information, please do not hesitate to contact Mrs Howells (Assistant Headteacher) via email at postbox@wednesfieldacademy.co.uk or by calling 01902 558222.

Thank you for your continued support.

Yours faithfully

A handwritten signature in black ink, appearing to read 'John Phillips', written in a cursive style.

Mr Phillips
Headteacher

