

Our Ref: JP/JAS

17<sup>th</sup> May 2024



Wednesfield Academy  
www.wednesfieldacademy.co.uk

Dear Parent/Carer

As part of our ongoing commitment to supporting the personal development of our pupils, we have arranged for singer Holly Riva to present a special session focused on female mental wellbeing and self-esteem on Tuesday 21<sup>st</sup> May 2024.

The session will cover a range of topics aimed at providing pupils with valuable insights and practical strategies to promote mental wellness and enhance self-esteem. Holly will also discuss various aspects such as understanding the importance of mental health, identifying signs of stress or anxiety, effective communication strategies, and practical tips for building self-esteem.

Should you have any questions or require further information, please do not hesitate to contact Mrs Howells (Assistant Headteacher) by calling the school or via email at [postbox@wednesfieldacademy.co.uk](mailto:postbox@wednesfieldacademy.co.uk).

Thank you for your continued support in creating a nurturing environment for our students.

Yours faithfully

Mr Phillips  
Headteacher

Remember to follow us on social media.

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Twitter: <https://bit.ly/43tYv0J>

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